



THE EVEREST *Leadership Academy*

Personal Assessment

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Group Poll

- Who are your heroes?
- Why?
- Common traits?
- Open discussion

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Emotional Intelligence Appraisal Test

- Google it – GEIT at Global Leadership Foundation *ei* test website (A free test)
 - Click on Emotional Intelligence Test – Global Leadership Foundation
 - Take test – 40 questions
 - Click score test and get test results
 - For more info – interpreting GEIT scores – click [here](#)



EQ Action Plan

	Score
Overall EQ	_____
Self-awareness	_____
Self-management	_____
Social-awareness	_____
Relationship management	_____



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